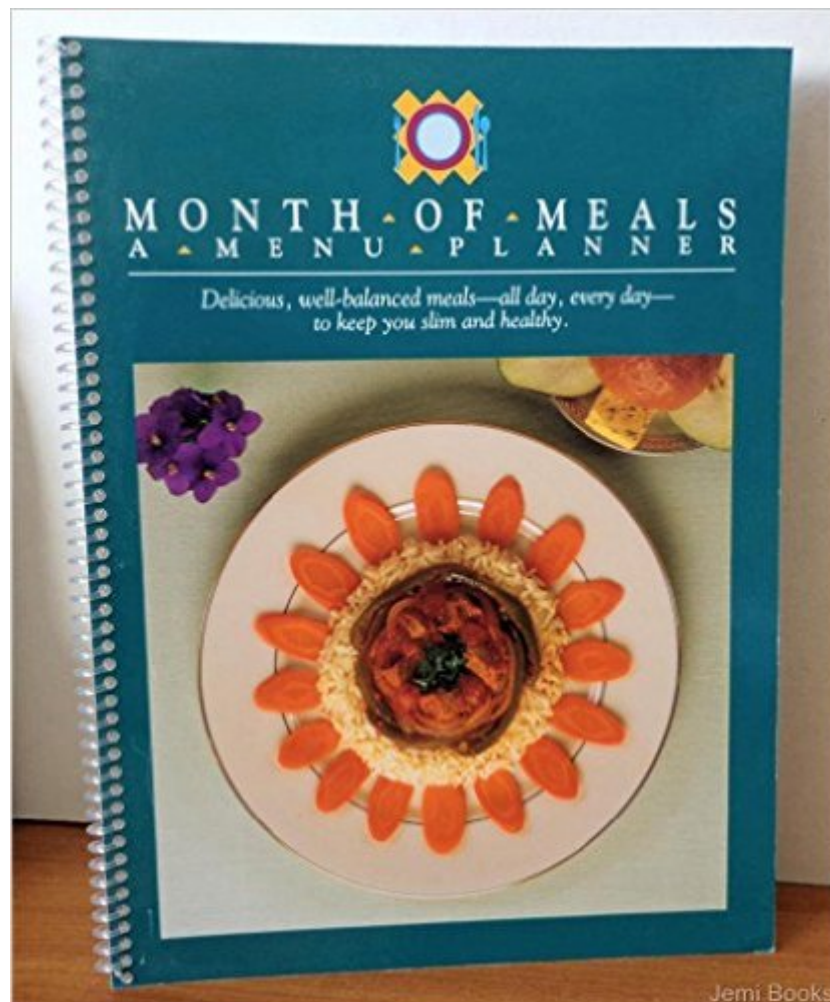


The book was found

Month Of Meals: A Menu Planner



Synopsis

Month of Meals: A Menu Planner

Book Information

Spiral-bound: 57 pages

Publisher: American Diabetes Association (November 1995)

Language: English

ISBN-10: 0945448112

ISBN-13: 978-0945448112

Product Dimensions: 10.1 x 7.7 x 0.2 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 4.8 out of 5 stars Â Â See all reviews Â (4 customer reviews)

Best Sellers Rank: #728,805 in Books (See Top 100 in Books) #68 in Â Books > Health, Fitness & Dieting > Diets & Weight Loss > American Diabetes Association #615 in Â Books > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free #906 in Â Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian

Customer Reviews

The page is divided into 3 sections horizontally. One section each for breakfast, lunch and supper. The pages are made so one can interchange different days menus. Each recipe suggested is on the page. Sometimes I run out of ideas for making different foods and this fills the void.

I bought this to give as a birthday gift to a very good friend. It was highly recommended by several friends this is one of several in a series / makes diabetic planning understanding a snap, and interesting! I love mine!

This was the first diabetic cookbook I ever had and I used it all the time. Receipes are easy to make and everything I made was very good I even my family liked what I made. I will be buying more of these easy to use books.

Great book to make fast and easy meals.

[Download to continue reading...](#)

Month of Meals 4: A Menu Planner Month of Meals: A Menu Planner Month-by-Month Gardening in

Alabama & Mississippi: What to Do Each Month to Have a Beautiful Garden All Year Carolinas
Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All Year
Pennsylvania Month-by-Month Gardening: What to Do Each Month to Have A Beautiful Garden All
Year Month-By-Month Gardening in New Jersey: What To Do Each Month to Have a Beautiful
Garden All Year Month-By-Month Gardening in Illinois: What to Do Each Month to Have a Beautiful
Garden All Year Michigan Month-by-Month Gardening: What to Do Each Month to Have A Beautiful
Garden All Year Illinois, Indiana & Ohio Month-by-Month Gardening: What to Do Each Month to
Have a Beautiful Garden All Year Month-By-Month Gardening in Minnesota: What to Do Each
Month to Have a Beautiful Garden All Year New England Month-by-Month Gardening: What to Do
Each Month to Have a Beautiful Garden All Year - Connecticut, Maine, Massachusetts, New
Hampshire, Rhode Island, Vermont Pacific Northwest Month-by-Month Gardening: What to Do Each
Month to Have a Beautiful Garden All Year Tennessee & Kentucky Month-by-Month Gardening:
What To Do Each Month To Have A Beautiful Garden All Year Texas Month-by-Month Gardening:
What to Do Each Month to Have A Beautiful Garden All Year California Month-by-Month Gardening:
What to Do Each Month to Have a Beautiful Garden All Year Weekly Menu Planning 4 Whole Month
The American Diabetes Association Month of Meals Diabetes Meal Planner Month of Meals: Meals
in Minutes CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy
People (crock pot dump meals, crockpot dump dinners, dump dinners) Best of Authentic Meals Box
Set (6 in 1): Chinese, Japanese, Korean, Italian Recipes, Traditional Southern and Amish Meals
(Authentic Meals & Traditional Recipes)

[Dmca](#)